



National Nutrient Database for Standard Reference
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Statistics Report 09246, Peaches, dried, sulfured, uncooked

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	31.80	29	0.515	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Energy	kcal	239	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Energy	kJ	1000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein	g	3.61	25	0.105	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Total lipid (fat)	g	0.76	24	0.020	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Ash	g	2.50	25	0.103	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Carbohydrate, by difference	g	61.33	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Fiber, total dietary	g	8.2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Sugars, total	g	41.74	4	2.860	33.62	44.6	1.0	5.4	78.08	2	Analytical or derived from analytical	--	12/2002

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Sucrose	g	15.42	4	2.220	7.96	25.18	1.0	-12.788	43.628	2	Analytical or derived from analytical	--	12/2002
Glucose (dextrose)	g	12.83	4	2.967	7.81	15.8	1.0	-24.862	50.528	2	Analytical or derived from analytical	--	12/2002
Fructose	g	13.49	4	2.113	8.62	15.6	1.0	-13.366	40.339	2	Analytical or derived from analytical	--	12/2002
Minerals													
Calcium, Ca	mg	28	24	1.039	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Iron, Fe	mg	4.06	24	0.120	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Magnesium, Mg	mg	42	24	1.113	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Phosphorus, P	mg	119	24	7.126	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Potassium, K	mg	996	24	12.756	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Sodium, Na	mg	7	24	0.682	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Zinc, Zn	mg	0.57	24	0.033	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

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Copper, Cu	mg	0.364	24	0.025	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Manganese, Mn	mg	0.305	3	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Selenium, Se	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	09236	02/2003
Vitamins													
Vitamin C, total ascorbic acid	mg	4.8	6	0.685	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Thiamin	mg	0.002	21	0.001	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Riboflavin	mg	0.212	21	0.009	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Niacin	mg	4.375	21	0.072	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Pantothenic acid	mg	0.564	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Vitamin B-6	mg	0.067	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Folate, total	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/1982
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Choline, total	mg	12.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	108	21	6.687	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	1074	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Carotene, alpha	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Cryptoxanthin, beta	µg	444	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Vitamin A, IU	IU	2163	21	133.730	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Lutein + zeaxanthin	µg	559	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Vitamin E (alpha-tocopherol) ¹	mg	0.19	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2003
Tocopherol, gamma ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tocopherol, delta ¹	mg	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 04/2003
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero		-- 11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero		-- 02/2009
Vitamin K (phylloquinone)	µg	15.7	--	--	--	--	--	--	--	--	Calculated or imputed	09236	12/2002
Lipids													
Fatty acids, total saturated	g	0.082	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 08/1982
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.071	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:0	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Fatty acids, total monounsaturated	g	0.278	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
16:1 undifferentiated	g	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:1 undifferentiated	g	0.272	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total polyunsaturated	g	0.367	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:2 undifferentiated	g	0.358	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:3 undifferentiated	g	0.009	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:4 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Amino Acids													
Tryptophan	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Threonine	g	0.141	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Isoleucine	g	0.104	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Leucine	g	0.204	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lysine	g	0.116	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Methionine	g	0.087	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Cystine	g	0.029	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Phenylalanine	g	0.114	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Tyrosine	g	0.094	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Valine	g	0.197	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Arginine	g	0.092	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Histidine	g	0.067	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Alanine	g	0.215	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Aspartic acid	g	0.602	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glutamic acid	g	0.548	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Glycine	g	0.126	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Proline	g	0.152	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Serine	g	0.167	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2000
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2000

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA NDL Report Vitamin E 1991, 1991 Beltsville MD